

Fifth Sunday in Ordinary Time – February 9, 2025 – Year C

PARENTING TIP OF THE MONTH #166 Family love is one of the most complex loves to navigate. Siblings often love each other but also know clearly all the buttons to push to make other members react negatively. Children challenge parents as they age, generally trying to define and discover whom they are as an individual, and sometimes personalities just clash. These are hard moments, so work to stay connected with good moments that bring you together. Nature walks, movie nights, game nights, and brunch following Mass on the weekend – any actions that will remind everyone that family is our greatest support. Putting in the effort to plan fun moments will have lifetime benefits to all members of the family! (From: Teresa Hartnett, Family Ministry Office; 905-528-7988 ext. 2250)

MARRIAGE TIP OF THE MONTH #146 February is known as the month of love, but love needs to be part of our thinking 24/7! Love is an action word, so take some time to reflect on your contribution to your married relationship. Do you use kind words, compliment, apologize, when necessary, show love through action in what you do for your spouse, pray for your spouse daily and make the time to be together and share your day? These will all build love and keep it strong.

ENHANCING SELF-ESTEEM - This program provides the opportunity to increase your self-awareness and to learn specific skills for building a positive self-esteem, which will assist you to feel stronger in all areas of you life. Issues covered during the course include taking responsibility for your own thoughts and feelings, positive ways to behave assertively and setting realistic goals for your future. The program will be offered from March 24 - June 9 (no sessions April 21 & May 19) and are held at the Chancery Office at 700 King St. West Hamilton. Cost is \$35 for materials. To register go to hamiltondiocese.com and look for the date under Upcoming Events, or contact Sarah at 905-528-7988 ext. 2249, or e-mail familyministry@hamiltondiocese.com.

Upcoming Baptism Availability

Baptism Information... please stop into the Parish Office to pick up a Baptism Package to start the Sacramental process. **Requirements for both parents:** 1 group meeting held on last Sunday of the month following the 11:30am Mass and one private meeting with Fr. Francis prior to Baptism.

Next Available Baptism Dates are:
February 23rd – *resuming after Easter.*



A note from our Jammers....
Please consider returning or donating clean, empty 125, 250- and 500-ml jars and sealing rings as well as any Christmas cards you would typically dispose of. We can use these for the next bazaar! Thank you!



Mass Intentions are available for the 2025 year. Masses are \$10.00 and Mass cards are \$2.00 payable by cash or cheque to the Parish Office.

Hamilton MARRIAGE PREPARATION SCHEDULE for 2025

Hosted At:
ST JOSEPH PARISH, 260 HERKIMER ST.
HAMILTON ON L8P 2H9
Registration is required.

FEBRUARY 21 & 22 ONLINE
FEBRUARY 28 & MARCH 1
MARCH 7 & 8
MARCH 21 & 22
APRIL 4 & 5
APRIL 11 & 12
APRIL 25 & 26
MAY 2 & 3 ONLINE
MAY 23 & 24
MAY 30 & 31
JUNE 6 & 7
JUNE 27 & 28
JULY 4 & 5
AUGUST 15 & 16

familyministry@hamiltondiocese.com